



Melanie Wozniak

Melanie has always been very active since a very young age as an enthusiast in ice skating, hockey, and dance, but it was her yoga practice of 11 years that seemed to make life easier and more balanced.

She was raised in Perth, Western Australia where she has been recognized as a very successful actress. In 2018 Melanie moved to Los Angeles and realized that her yoga practice is the one aspect of her life that keeps her centered throughout her very busy schedule. It was always her passion to learn more about the secrets of yoga and soon she became certified through the Yoga NoHo Center as a 200 hour teacher.

She was inspired to become a yoga teacher because she wanted to provide an oasis for others to connect back to themselves, find their inner tranquility, and stillness of mind.

Now she is so excited to give back to the community this wisdom of yoga to inspire everyone to live to their fullest potential. Join Melanie as she will guide you through a uplifting, dynamic yoga class that will leave you feeling your optimal self.. she has said "come as you are and let's ride the journey together".