

GUY GABRIEL

MASTER TEACHER



Guy discovered yoga 20 years ago and hasn't looked back. He found it to be the most complete system for health of Body, Mind and Spirit.

He is a graduate of the Center for Yoga's Teacher Training Program and Loyola Marymount University's Yoga Therapy Rx Certification program, with Larry Payne. He is a certified Yoga Therapist and experienced registered teacher through the National Yoga Alliance.

He is also a graduate of the Ayurvedic Health Sciences two-year program at the California College of Ayurveda. Guy has taught yoga all over the Los Angeles area, Burbank, Glendale, Westlake, Thousand Oaks and Moorpark areas, in studios, health clubs, corporate gyms, hospitals and with many private clients.

His Ayurveda Workshops are super informative while creating a platform that anyone can understand. He believes in making yoga fun and accessible to everyone no matter what condition or imbalance. He conducts the Ayurveda workshop for the 200 hour teacher training and is available for both yoga and Ayurveda coaching.

Yoga NoHo Center
live, love, and inspire others!



Please email info@yoganoho.com to contact Guy