

Nathan Harrington

Nathan Harrington has been an active person his whole life. During high school and college he was always involved in sports and knew how important it was to stay healthy and fit.

For the past ten years Nathan enjoyed yoga and truly felt he needed to dive deeper. One day as he was at the Yoga NoHo Center he saw a poster for the 200hr teacher training and decided to take the course.

Nathan is a natural teacher and is so grateful for the in-depth teacher training and feels so blessed to be teaching for the center and continues to practice and study. Nathan's classes are fun, light-hearted and will always make you feel great.

Yoga NoHo Center
live, love, and inspire others!
